

# NOURISH FOR LIFE™

## NOURISH. BALANCE. REVITALISE.

A natural berry-flavoured nutritional drink mix for health and vitality.

## WHY NOURISH FOR LIFE?

**SUPPORTS YOUR BODY**  
Contains nutrients to support your body's functions<sup>1</sup>.

**METABOLIC SUPPORT**  
Ingredients in Nourish for Life support the reduction of tiredness and fatigue<sup>2</sup> while contributing to normal metabolism<sup>3</sup>.

**DAILY NUTRIENTS**  
Nourish for Life contains a blend of B vitamins, herbs and botanicals.

**20 kcal per serving**

**ISAGENIX®**

**Nourish for Life™**

FOOD SUPPLEMENT  
VOEDINGSSUPPLEMENT  
SUPPLÉMENT ALIMENTAIRE

Nutritional Drink Mix for Health and Vitality  
Voedzame drank voor gezondheid en vitaliteit  
Boisson nutritive pour la vitalité et le bien-être

NATURAL RICH BERRY FLAVOUR  
NATUURLIJKE RIJKE BESSENAROMA'S  
SAVEUR FRUITS ROUGES NATUREL



<sup>1</sup>Vitamin B6 contributes to the normal functioning of the nervous, psychological and immune systems. Riboflavin (B2) contributes to normal functioning of the nervous system and vision. Thiamin contributes to normal functioning of the heart system.

<sup>2</sup>B vitamins [B6, B12 and niacin (B3)] contribute to the reduction of tiredness and fatigue.

<sup>3</sup>Vitamin B12 contributes to normal energy-yielding metabolism.

## HOW DO I USE NOURISH FOR LIFE?

Nourish for Life should be mixed with water and enjoyed first thing in the morning for maximum benefits. Alternatively, drink between meals, poured over ice or diluted with warm water if preferred.

- **Everyday Revitalising:** 30-59 ml up to twice daily
- **Deep Revitalising:** 118 ml with 120-240 ml of cold water four times daily for up to two consecutive days.

Nourish for Life can be used for Everyday Revitalising and is a fundamental component of Cleanse Days<sup>4</sup>.



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**For more information,  
please contact your Isagenix  
Independent Associate.**



<sup>4</sup>A Cleanse Day is a nutritionally supported fast that nourishes and energises your body's own detoxification systems. For further Cleanse Day information, visit [Isagenix.com](https://www.isagenix.com)